THE BULLETIN

A Thanksgiving Prayer

We thank thee, God, for blessings -The big ones and the small -Thy tender love and mercy That guards and keeps us all

The fresh awakening of joy That comes with morning light, Sunlit hours to fill the day And restful sleep at night

The hope, the beauty, and the love That brighten each day's living -We praise thee,and our hearts are filled With joy, and with thanksgiving

The pride that's found in work well done, The love of those who care, The peace of mine, the sweet content That comes with quiet prayer.

Author Unknown

The Manchester church of Christ

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mhtchurch.org

Our Ministers:

Park Linscomb 540-0287 Mark Casella (501) 388-1687

Our Elders:

Barry Fogal 487-2387 Gerry Millette 497-3105

Our Deacons:

Finance - Tony Casella Education - Doug Paul Building & Grounds - Will Hamel / Pete Steffensen Benevolence & Outreach - David Skerry

Regularly Scheduled Services

Sunday worship: 9:30am Sunday Bible class: 11:00am Sunday evening: 6:00pm Wednesday Bible class: 7:00pm

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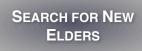
In the presence of love, míracles happen.

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If you're a visitor to our church, welcome! If you have questions, we welcome them; please don't hesitate to ask Park Linscomb our minister (the really tall guy) or any other church member.

WHAT'S GOING ON?



ELDER SEARCH: The Elders announced they would like to search for additional elders to join them in shepherding the flock here. Park will preach another lesson on the eldership. Following his second lesson, the process for suggesting names will be formally opened. Pease be praying for spiritually sound, good and caring men to be added to the eldership.



session was held last Sunday for SCHOOL World Bible School. It's

not too late if you would like to join in this work.

WBS: A really good, uplifting

Our Annual Christmas Party will be held on December 10, 5:30 -9:00pm at the Skerry home. This is a wonderful time for our church family to gather and enjoy one another's company. Yankee Swap \$10 or less. You can come and not participate in

the Yankee Swap and just enjoy the fellowship. Don't miss it!

Galatians 6:10, NAS95.

Teen Christmas Party will be held on December 17. More details shortly.

Bible Class on Angels: Rich Therrien is leading a new adult study in the back left classroom on Sundays. It should be a "Rich" study. :)

HELP <u>NEEDED</u>

Snow Removal / Ground Care

A signup sheet is posted for Snow Removal (maybe you get lucky and it doesn't snow your week!!!) This building belongs to all and we need to tend to the exterior. Bring the kids to work as a family. It's a grand way to serve the Lord together.

Wednesday Night Supper: This is a grand opportunity for you to "step up to the plate" (pun intended) and serve the church. If you are willing to help please tell Kathy, Park or Mark or call the church office.

Lord's Supper To Shut Ins:

Volunteers are needed beginning in December, now.

ΤΗΑΝΚ Υ<u>Ου</u>

- For our teachers who prepare their classes and share God's word with young and old.
- For those who open their homes to our teens
- For all who helped create Turkey baskets on Tuesday.

ELECTRONIC LIBRARY

"So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith."

> We have added media to the library. Please come use out assets. Recently added are CDs from ladies' retreat and Dr. Joe's lessons.

OTHER ΝΟΤΕS

- There is a wedding invitation from Sarah Bell in the foyer.
- Giving Tree watch for it so we can get all the 'goodies' back by Dec. 11. This is for the entire congregation. In this season of thanksgiving and sharing, let's each do our part.
- On Dec. 25 and Jan 1, there will be one worship service at 10am, no Bible class & no evening service.
- Come & go reception for David & Kristin Paul, Dec. 30 at the Paul's.

PRAYER

NEW PRAYER CONCERNS: for the selection of additional elders, for the several families in the congregation who'll be traveling over the Thanksgiving holidays, for Thom & Deb Forestburg, both in

CMC, for the success of World Bible School teachers in our congregation.

ADDITIONAL PRAYER REQUESTS are on the back page of the Worship Insert





<u>"For this reason we must pay much</u> <u>closer attention to what we have heard,</u> <u>so that we do not drift away from it."</u> Hebrews 2:1, NAS95.

THE BLESSINGS OF THANKSGIVING

You were probably reminded more than a few times as you were growing up to say "Thank you." As a child you probably wondered why, but obeyed, when prompted—"What do you say?" Later, it became a habit for most of us—but not for all. But did you know that the giving of thanks is actually a blessing, a tangible, you-can-feel-it blessing?

The Harvard Health Publication posted on the website of the Harvard Medical School writes:

In positive psychology research, gratitude is strongly and consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships.

A research project by psychologists revealed that

One group wrote about things they were grateful for that had occurred during the week. A second group wrote about daily irritations or things that had displeased them, and the third wrote about events that had affected them (with no emphasis on them being positive or negative). After 10 weeks, those who wrote about gratitude were more optimistic and felt better about their lives. Surprisingly, they also exercised more and had fewer visits to physicians than those who focused on sources of aggravation.

And it is not just this one study. Still other studies showed that these happy results can last up to a month and that expressing thanks noticeably improves relationships, productivity, and general feelings of well-being.

How about that? Taking the time to count blessings, the very thing that your mom told you to do, the very thing that the Lord encourages us to do, blesses <u>us</u>. Thanksgiving just may be the healthiest holiday of the year.

So, this Thanksgiving Day, do more than just cook up a wonderfully bountiful and tasty meal, more than laze about watching endless football games, more than hit the stores for early-early bird specials—be thankful.

- Take a moment to look around you and realize all that our generous God has given to us.
- Notice not only the material blessings but the relational blessings, spiritual blessings, health blessings (at least the measure of health you enjoy), and even more.
- Notice how sometimes even the things we first thought might be disasters turned out to be blessings in disguise.
- Remember how blessed you are by realizing that there are a lot of people who would love to have what you (yes, **you**) have been blessed with.
- List the opportunities, talents, skills, and benefits you have been granted from God and from others.
- Take the time to express what you're thankful for around the Thanksgiving table.
- Take the time to express specific thanks for specific things daily to the Lord.

The upside is that you will feel better. Others will feel better. And God will be properly glorified for all (and there's a lot of it) that He's done.



UPCOMING EVENTS

Calendars for December can be found in the foyer.

- Hope everyone had a great Thanksgiving with Family and Relatives.
- Devo on December 3rd from 7-9 at Mark and Ann's house.
- The Giving Tree is located in the back of the foyer. Grab an index card or two if you would like to help out and then sign the sheet next to the number you grab so we know what is accounted for. We need items back by the 11th.
- Teen Lunch on the 11th!
- Teen Christmas Party on December 17th from 5-8:30 pm

Food for Thought...

Proverbs 2 has a lot of interesting insights that are important for us to consider during our daily walk with God. Each and every day we are faced with choices. These choices help us get closer to God or fall from Him. Let's take a look at some of the things said here...

"My son, if you receive my words and treasure up my commandments with you, making your ear attentive to wisdom and inclining your heart to understanding; yes, if you call out for insight and raise your voice for understanding, if you seek it like silver and search for it as hidden treasures, then you will understand the fear of the Lord and find the knowledge of God." Prov. 2:1-5

This section helps us understand the value of God's words and the meanings behind them. As we make decisions we need to look at the wisdom that God has given to us. We need to remember His words, His Commandments, and the call of his voice. When we do these things and search out God like a hidden treasure then we can find the knowledge we need in God and understand Him better.

We make lots of decisions every day. In fact we make approximately 35,000 a day, depending on which source you look at. As we make all of these life-impacting choices why aren't we trusting God and looking at Him when we make our response?

We have the tools and ability to be successful if we really look. Why make a decision without God if we can make a decision with God? This can help us grow closer to God and make wise choices. -

Mark



Thinking it over...

What is your concept of God? How do you see Him? Ask people what they think, too.

Family Bible Reading and Congregational Calendar for Nov 20- Nov 26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	<u>Saturday</u>
27 - Joel 1-3	28 - Rev. 5	29 - Amos 1-3	30 - Rev. 6	1- Amos 4-6	2 - Rev 7	3 - Obadiah 1
9:30am Worship 11am - Bible Class 6pm - Evening Worship Lisa Moser - BD			6pm - Supper 7pm - Bible Class Mark Casella - BD	Melanie Fogal - BD		