

BULLETIN

Whatever is Inside the Heart

I heard this analogy recently, and I absolutely love it:

You are holding a cup of coffee when someone comes along and bumps into you or shakes your arm, making you spill your coffee everywhere.

Why did you spill the coffee? "Well because someone bumped into me, of course!" Wrong answer. You spilled the coffee because there was coffee in your cup. Had there been tea in the cup, you would have spilled tea. **Whatever is inside the cup, is what will spill out.**

I believe that's true, and it's such an important principle. Solomon said in **Proverbs 4:23** (NIV), "*Above all else, guard your heart, for everything you do flows from it.*" And Jesus said, "*For out of the abundance of the heart the mouth speaks.*" (**Matthew 12:34**).

This is important because so much of what we do is the reaction of the moment. Most of us would manage fairly well if we could be given a situation and we had an hour to think about how we should handle it.

But rarely do we have that luxury. In most situations, we have only a few seconds to decide how we will react, and how we react will be determined by what's in our heart. **Whatever is inside the heart, is what will spill out.**

A driver cuts us off in traffic. **Whatever is inside the heart, is what will spill out.**

A schoolmate makes fun of us. **Whatever is inside the heart, is what will spill out.**

A co-worker gets the recognition for the work that we did. **Whatever is inside the heart, is what will spill out.**

The person in front of us in the grocery store line is causing a tremendous delay. **Whatever is inside the heart, is what will spill out.**

A heart filled with grace, joy and gratitude will respond one way. A heart filled with anger, bitterness and ingratitude will respond another. **Whatever is inside the heart, is what will spill out.** May we fill our heart with all of those Christ-like qualities so that whenever we are "bumped", that's what spills out!

Alan Smith

The Manchester Church of Christ

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Our Minister:

Park Linscomb 540-0287

Our Elders:

Barry Fogal 487-2387

Gerry Millette 315-1136

Our Deacons:

Benevolence - David Skerry
Building & Grounds - Will Hamel / Peter Steffensen
Education - Doug Paul

Worship Time:

Sun. Worship - 9:30AM

Bible Class - 11:00AM

Sun. Evening - 6:00PM

Wed. Bible Class - 7:00PM

Dear Lord,
Help me to always be willing to share
Your Word with my friends so we can
be together in Heaven, with You.

Amen

Family Events

"So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith." Galatians 6:10, NAS95.

If you are a visitor to our church, welcome! If you have questions, we welcome them; please do not hesitate to ask Park Linscomb, our minister, the really tall guy, or any other church member.



There are many in our congregation that quietly and consistently clear sidewalks and steps, prepare the Lord's Supper, take communion to shut-ins, take the trash to the curb on Wednesday evenings, pick up bread at Panera, and minister through mail. Each of you brings glory to God and thank you.

- Prayerfully consider how you can help serve from the many following needs.

Benevolence - Pantry

This ministry helps people out weekly. Talk with *Dave Skerry* about helping.

Lord's Supper to Shut-ins

Volunteers needed, **now**. Please talk with *Doug Paul* about this.

Building and Grounds

We need everyone's help to keep things tended as it gives a caring impression to those around...if we care about the building, we must also care about their souls. Please talk with *Will Hamel* to help.

Education - Teachers

- If you are going to be out of town, please let *Doug Paul* know so your class can be covered.
- There is a still a need for a teacher for the Junior High class on Sunday morning. Talk with *Doug Paul*.



- ◆ **MAR. 24** - BIDDEFORD LADIES' DAY.
- ◆ **MAR. 31** - LADIES' DAY - ROXBURY CHURCH OF CHRIST. **Pre-registration only.** The sheet is in the foyer by the flyer.
- ◆ **APR. 6-8** - CONWAY'S LADIES' WEEK-END.
- ◆ **MAY 5** - LADIES' DAY - BENNINGTON, VT. CHURCH OF CHRIST.
- ◆ **MAY 12** - LADIES' DAY - TILTON CHURCH OF CHRIST.
- ◆ **June 15-16** - NE MEN'S RETREAT.
- ◆ **June 23-30** - WORK & WORSHIP WEEK - GANDER BROOK.
- ◆ **JUNE 30** - GANDER BROOK SESSIONS BEGIN

Wed. Night Supper

MAR. 14 - Freda is home and making oven fried chicken, squash, bread & dessert. There is a sign-up sheet in the foyer.

- No one is signed up after this date, so we need some of you good cooks to sign up to cook. If you want to cook, please sign up, plan your menu & call the church office by Tuesday so it can be posted in the bulletin.

SEARCH TV Program Listings (Phil Sanders from the Edmond, OK Church of Christ)

Airs in Concord - Ch 22, Sun. at 8:00AM & Fri. at 12:30PM. **Airs in Derry** - Community TV - 23; Sun. at 9:00AM, and 4:00PM, Mon. at 7:00AM, and Sat. at 7:00AM.



There are several things coming up of special significance to the family here.

- 🕒 **Mar. 11** - CONGREGATIONAL MEETING DURING BIBLE CLASS, @ 11:00PM.
- 🕒 **Mar. 11** - TIME CHANGE, spring forward 1 hour.
- 🕒 **APR. 13-15** - MANCHESTER, NH YOUTH RALLY.

Family Bible Reading, Birthday and Congregational Calendar for Mar. 4 - Mar. 10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 - Ex. 36 ----- Congregational Meeting @ 11:00AM	12 - Ex. 37-38 -----	13 - Matt. 23 -----	14- Ex. 39 ----- Wednesday Night Supper @6PM	15- Ex. 40 -----	16 - Leviticus 1-3 -----	17 - Matt. 24 ----- Kathy - Panera Pick-up

Youth & Family News



UPCOMING EVENTS

Be on the lookout for future events. If you want to lead or help with an event, please talk with one of our elders and check with the church office to see that the date is free, then **PLEASE** volunteer!

MAR. 11 - CONGREGATIONAL MEETING @ 11PM - Input is needed from all, including the teens.

APR. 13-15 - MANCHESTER, NH YOUTH RALLY - The GOOD Shepherd, Psalm 23. Join us for a fun weekend digging deeply into God's Word! We will spend the weekend studying the beloved passage, Psalm 23, gaining some perspective and applying the message to our lives.

Weekly Contribution
03/04/2018
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Question of the Week

What are you willing to do to help make our Youth Rally successful?

Youth Rally, April 13 - 15 is coming quickly!

- Man in charge - Park.
- Speaker selected - Jon McKenzie.
- Theme finalized - The Good Shepherd.
- Registration completed and turned in.

The following areas have leads. Please talk with them if it's an area of interest to you and see how you can help:

- Registration and Housing - Linda Paul.
- Public Relations - Linda Linscomb.
- Food - Therrien's, Freda and others.

Other needs will be announced and we need help from *YOU*.

If there is something you can do, please let Park know or call the church office. If you want to help with one of the items listed above, call and let the people in charge know of your interest and willingness.

The Good *Psalm 23* Shepherd

Join us for a fun weekend digging deeply into God's Word! We will spend the weekend studying the beloved passage, Psalm 23, gaining some new perspectives and applying the message to our lives.



Speaker: Jon McKenzie
Fort Worth, Texas

A Parting Encouragement

"For this reason we must pay much closer attention to what we have heard, so that we do not drift away from it."
Hebrews 2:1, NAS95.

THE CHRISTIAN AND SUFFERING

Pain, suffering, and afflictions are not a possibility in this life; they are inevitable and inescapable. We are told throughout the Scriptures in numerous places that children of God are to endure afflictions, and endure through various trials and pains that will come (2 Tim 2:3-12; 2 Cor. 1:3-8; Rom. 8:18-28; 1 Thess. 1:4; James 1:12). For some, the idea that a child of God will suffer and feel pain in their life seems unfair, undeserving, or simply unjust. They can understand why a non-Christian would suffer and experience pain, but they themselves? A child of God? A Christian? "That is just not fair", some might say. It has been falsely understood before that the words 'Christian' and 'Suffering' do not go together. We will see, however, that they do go together. Very well, in fact.

Paul, in Acts 14:22, had been preaching the gospel and was *"strengthening the souls of the disciples, exhorting them to continue in the faith and saying, 'We must through many tribulations enter the kingdom of God.'"* From the first century churches, we can see Paul's message of exhortation through the many tribulations of life. Those who were children of God dating back 2000 years endured pain and suffering, including physical suffering, just as we do today. Christians are called to be different, and as a byproduct of this, we are told we will be hated by the world *"for [Christ's] name's sake"* (Matt. 10:22; Mk. 13:13). Rather than counting this persecution as suffering, let us rejoice in the moments of trial and pain, *"knowing that the testing of [our] faith produces patience,"* (James 1:2-3).

Looking at Christ as our ultimate example in all things, can we not clearly identify the pain and suffering He underwent while He lived here on earth? He, of all people could rightly say that He was undeserving of experiencing such pain, agony, and suffering. After all, He is the Son of God and without sin (2 Pet. 2:22)! But, we know He did so willingly for you and me, as He looked to the Father for support, guidance, comfort, and

truth (1 Pet. 2:21-25; Matt. 4:1-11; 26:39). Let us also have this mindset that Christ had, for He is our *"example for [us] to follow in His footsteps"* (1 Pet. 2:21; Heb. 12:2). When we endure hardships, and temporary pain and suffering, let us also look unto the Father and His Holy Scriptures as Christ did, and, humble ourselves as He did.

In 2 Corinthians 4:8-9, Paul said, *"We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed."* The persecution and suffering we may endure will not destroy us, contingent that we are proceeding through prayer, relying wholeheartedly on the Lord, and following in His footsteps as He has commanded. 2 Corinthians 1:4 also says that God *"comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."* As Christians, we have a duty to help other Christians endure hardships.

Paul summed up this topic well in 2 Corinthians 4:17-18, *"This light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal."* Through the inevitable hardships, pain, and sufferings that happen in life, let us look unto the things unseen, for they are eternal, and they help us endure!

Tanner Bass